

Let's Talk Teeth!



April showers bring May flowers, our schedule is growing!

You may or may not have noticed that it is getting a little tougher to schedule a cleaning appointment at our office. We are booking about 3 weeks out for appointments during the morning and our after-school appointment times are booked out 3 to 6 months. We are making some changes to attempt to alleviate this strain and understand the frustrations that it can cause. There are a few things that you can do to help us.

1. Before you leave the office, schedule your appointment 6 months in advance, especially if you want a late afternoon appointment.
2. Get on our cancellation list. If you

call to schedule and it's a little farther out than you had planned on, ask to be put on our cancellation list. And be sure to let us know what time of day you are available.

3. Please give us as much notice as possible if you need to reschedule your appointment, 24 hours minimum please! This allows us to offer those times to other families who are waiting to schedule.

Because our appointments are reserved, we will charge a broken appointment fee for no shows.



CAVITIES-HOW DO THEY FORM?

It starts with bacteria...Thousands of bacteria live in your mouth, and most of them are beneficial. But a few are harmful, including the streptococcus mutans bacterium, the one responsible for tooth decay. These bacteria thrive in plaque, a sticky film that's constantly forming on your teeth.

Add starches, and the process begins...The S. mutans bacteria feast on starches in your mouth, then produce an acid that dissolves your tooth enamel, until eventually you have a hole on the surface of your tooth.

The only way to stop the decay process is for us to remove the decay and put in a filling material.

The good news...When you brush and floss properly, you're removing the plaque from your teeth, leaving little for bacteria to eat. As a result, their growth is slowed, and they don't produce the acids that lead to tooth decay. This is why it's important to remove plaque from your teeth each day.



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SAVE THE DATE!

Dr. Dunne is collaborating with Chvatal Orthodontics to host our second annual Patient Appreciation Day. It will be held on Friday, August 1st in the parking lot of our building here on Suzanne Way. It is our way of saying thank you to all the wonderful children that come to see us.

